



Leicestershire & Rutland (L&R) 300

The L&R 300 postal league is open to Juniors & Seniors from all Clubs affiliated to L&RCAA it is an inter-club team competition which is shot each month from October to March with the exception of December.

The L&R 300 round consists of a dozen (12) arrows at three (3) different target faces (Portsmouth, WA18 & Worcester) arranged together on the same boss (see attached example), 3 dozen (36) arrows in total are shot. The maximum score achievable is 300, hence the name of the round.

When only 1 archer wishes to shoot the round, one side of the boss can be used as long as faces are placed at the appropriate position/height.

The suggested shooting pattern is 3 ends of 4 arrows. The round progresses quite quickly and can easily be accommodated within an evening session.

Basic Rules

The round may be shot any number of times by an archer in the designated period and the best score entered.

- ▶ Two ends of 4 arrows may be shot as sighters.
- ▶ The round can only be shot **once** per session.
- ▶ 3 archers of any bow discipline will make up a team; the 3 best scorers in a month the first team the next 3 the second team etc. Team members may vary from month to month.
- ▶ For compound archers the 'inner 10 ring' rule applies on the Portsmouth and WA18 faces.
- ▶ For compound archers the 'X' count should be recorded when shooting the 5 Spot Worcester.
- ▶ **Results are to be e-mailed to the Organiser, Mick Shaw - LR300comp@gmail.com (subject "L&R 300 scores") by midnight on the first Sunday of each month: i.e. 4th November 2018, 2nd December 2018, 3rd February 2019, 3rd March 2019 & 7th April 2019. (*Late submissions will not be accepted*)**
- ▶ **Clubs MUST use the correct score summary sheet with Juniors & Seniors separated.**
- ▶ **Medals will only be awarded to archers who have shot at least 3 out of the 5 months.**
- ▶ Team medals will be issued to 3 archers only. To be decided by the number of months archers have appeared in the team during the season, scores will be taken into account if required.
- ▶ In the event of any dispute the Organiser is the sole decision maker.
- ▶ Results will be e-mailed by Clubs each month dependent upon accurate and prompt submission of scores. There will be individual (for archers forming part of a team) and team leagues.

Individual medals for the highest placed Juniors & Seniors will be presented at the L&RCAA Awards Evening in November along with the Charlesworth Cup for the winning Junior Team & a Senior Cup donated by Melton Mowbray Archery Club for the winning Senior Team. There will also be medals for members of the top 3 placed Teams (Juniors & Seniors), dependent upon entries.

Entry Fee – It's FREE of Charge

**Shoot Well
Have Fun**

